Greetings!

While I’ve known, with advancing age, that time seems to pass more quickly, it is hard for me to believe that my year as PES President will soon come to an end. I am deeply grateful for the honor to have served in this capacity. The principal joy of this past year has been the opportunity to work with such a dedicated Board of Directors, Committee/Council/SIG chairs, co-chairs, and members, and the deeply committed and effective Executive staff. I would like to particularly acknowledge our outgoing Board members: Sally Radovick, Immediate Past President, and Bruce Boston, Director. Sally’s leadership served as a great model for me, with her invaluable insights, her efforts directing the Award program for Research Fellows and Clinical Scholars, and her contributions to the planning for the upcoming International Meeting in September. Among Bruce’s many contributions, he has focused on fellowship training and related grant opportunities, and he has taken a leading role in creating and editing content for the monthly President’s letter. I would also like to acknowledge highlights of the tireless efforts of continuing Board members—in particular, Jack Fuqua, Secretary, who has shepherded the new Strategic Plan, Peter Lee, Treasurer, who has overseen the finances of our society, Mary Lee, Incoming President, whose many contributions have included leadership efforts with fellow programming, strategic plan development, and annual meeting considerations, Dorothy Shulman, Director, who has played a leadership role in the all-important analysis of options for future annual meetings, and Madhu Misra, who has played a leadership role in the fellow mentoring program and in efforts related to accessibility of clinical practice guidelines.

PES is in great hands with Mary Lee as Incoming President, and with Phil Zeitler as Incoming President-elect and Michael Levine as Incoming Director. I am delighted to continue to work with the Board as Immediate Past President, and given that we will not have an annual spring meeting this year, am grateful to have the opportunity to give my Presidential lecture during the PES Business Meeting at the International Meeting in September (Mary Lee will give her Presidential lecture at the 2018 spring Annual Meeting).

I also wish to acknowledge the financial and conceptual contributions of our Corporate Advisory Board members, who share our mission to advance and promote the endocrine health and well-being of children and adolescents.

Finally, my acknowledgements would not be complete without recognizing the Executive staff at Degnon: Maureen Thompson, Janice Wilkins, and Brandi Walsh.

I have worked most closely with Maureen, PES Executive Director, and I can honestly say that her commitment to PES is on a par with the most dedicated members of PES leadership that I have come to know and respect.

I would like to close this introduction of my final President’s Letter by reviewing highlights of the past 12 months, all of which reflect the tireless dedication of our leadership and members:

Primary Focus:
- Planning for the 10th International Meeting of Pediatric Endocrinology, hosted by PES, in collaboration with 7 other pediatric endocrine societies from around the world, under the leadership of David Allen and members of the International Program Committee
- In-depth re-evaluation of future annual meeting options
- Updated 5-year Strategic Plan, shared with Committee chairs the beginning of 2017 and
will launch in September 2017

Other Meetings/ Special Courses:

- Annual Meeting (4/16)
  PES members: 671
  Inaugural Paul Kaplowitz lecture: Cost-effective care in Ped Endo
  Inaugural Council/Committee/SIG Networking Format
  - Clinical Update Course (also available on-line) (4/16)

Attendees: 75

- Leadership Advantage Course: “Pilot Year” (4/16) (Attendees 19)
  - Collaboration with BeamPines - Leadership Development Firm
  - Tailored leadership program to enhance skills
  - Response to strong member interest, including CAB
  - 4 Modules

1: Kick-off @ annual mtg 4/16; re-offered @Int’l mtg 9/17

- Emotional Intelligence
- Time management & Delegation
- Managing Feedback & Conflict
- Overall Rating: 4.5/5.0 (n=19)

2: Kick-off @ Int’l mtg 9/17

- Decision Making
- Coaching & Mentoring
- Creating Positive Culture, High Engagement

3, 4: Developed in 2018, 2019

- CME: Ped Endo for Primary Care Providers (11/16)

Clinical Practice Guidelines (CPGs)/ Consensus Statements/ Position Statements/Reviews:

- > 30 now available on PES website
- Highlights for 2016/2017 (several: International*)

Endocrine effects of inhaled steroids
Treatment of Nutritional Rickets*
DSD*
GH, IGF-I Rx
Lipodystrophy*
Silver-Russell Syndrome*
Transgender Health (Position Statement)
  - Ongoing
Transgender Care
Childhood Obesity
DM: CGMs & Insulin pumps; T2DM
Congenital Hyperinsulinism
Pseudohypoparathyroidism
  - New Collaborations with Endocrine Society
Endocrine Consequences of Childhood CA
Congenital Adrenal Hyperplasia due to 21-OH Defic
  - Both Chaired by PES members!

Other international Activities:

- Turkish Pediatric Endocrinology & Diabetes Society
  Co-sponsored mtg 5/16
  - International Turner Syndrome Clinical Care Guidelines
  Co-sponsored consensus mtg 7/16
  - Haiti Program (IRC):
    Training on health-care professionals in pediatric endocrinology
    Partnered in development of ICPED

Special Offerings for Trainees and Early Faculty:

- Ongoing Mentoring Initiative (Yr 3)
- Visiting Fellowship Program
PES sponsors 4 – 3rd yr fellows
CHLA hosted first inaugural program
Continued at CHOP 3/17
  - PES International Scholar Award
  - Resource limited country
  - U.S. stay: 1-3 months
    - Research Fellow Awards (RFAs), Clinical Scholar Awards (CSAs, for early
Quality Improvement:

- Expanded MOC Committee to include QI, SCAMPs
- **Goals**
  - Expanded MOC Committee to include QI, SCAMPs
  - **Goal:** Improve care in variety of clinical contexts
  - Standardized Clinical Assessment and Management Plans
  - Goals
  - Respond to trend for ↑ medical expenses
  - Improve patient outcomes by reducing variation and unnecessary resource utilization
  - Obtained Part 4 approval for E2 replacement in Turner Syndrome (SCAMP)
  - Developed SCAMPS for Congenital Adrenal Hyperplasia and Pre-Diabetes
  - Initiated Work on new SCAMPS
    - Constitutional Delay
    - Transgender Care
    - Premature Adrenarche
  - Development of Proficiency Course on Childhood Obesity
    - Underway in 2016
    - Planned MOC and CME credit

Advocacy:

- PES Supporting Reauthorization of “PSLRP”
  - Ped Sub-specialty Loan Repayment Program—underserved areas
  - Addresses ongoing nationwide shortage of ped subspecialists, incl ped endocrinologists “Enhancing Children’s Access to Specialty Care Act”
  - National Defense Authorization Act
  - PES opposes cutting med personnel from military
  - Transgender Health
  - SIG: Sent letters in support of U.S. Dept. of Education guidance on rights of transgender students to governors of 12 states that refused to follow the guidance
  - SIG: Developed Position Statement on Gender Affirmative Care
  - BOD: Amicus Brief: U.S. District Court (PA)
    - Transgender students should be treated equally & with dignity in schools
  - Diabetes Advocacy Alliance (DAA)
    - Promoting patient care and research
    - Chair of Public Policy is Co-Chair of DAA

Additional Service to Members:

- Regional Grants
- New Special Interest Group (SIG) opportunities for networking
- Ongoing development of Patient Education Fact Sheets
- 19 Topics to date
  - RAC Committee: Directories
  - Grants available to PES members
  - Clinical & Translational studies — referral, recruitment
  - Practice Management
    - Report of E&M codes used by Ped Endos—assist negotiation with admin (vs RVUs)
    - Survey of resources used in mgmt T1DM
  - History Committee
    - Proposal to HRP: accepted!
  - Begin publishing series of papers on History of Pediatric Endocrinology
    - Important papers that changed way endocrinology viewed or practiced

A lot has happened in the last 12 months! I hope you will agree that PES is relevant and dedicated to its mission to advance and promote the endocrine health and well-being of children and adolescents, and to its vision of being the professional home and voice of pediatric endocrinology in North America. I hope this will inspire you to take an active role in PES!

Again, please accept my sincere thanks for the honor to serve as PES President. See you in September!

**REGISTRATION NOW OPEN!**
The 10th International Meeting - Celebrating our global pediatric endocrinology community
The 10th International Meeting is rapidly approaching. Registration is now open for the 10th International Meeting of Pediatric Endocrinology. For more information on lodging and registration pricing please visit the website at: http://internationalmeeting2017.org/

Click here to register! Please note that hotel reservations are not made directly on the meeting registration page. Hotel reservation information will be sent automatically via the meeting registration confirmation email.

If you have a registration related question please email it to registration@pedsendo.org or call us at +1.202.624.1755. Please provide complete information as to how we might help so that we can respond with answers in a most efficient manner. Registration offices are open from 09:00 - 17:00 ET, Monday - Friday.

Special Interest Groups
A number of Special Interest Groups from the various international pediatric endocrine societies will be holding “co-meetings” at the 10th International Meeting. Some of these meetings will include a brief “organizational” meeting to facilitate the formation of SIG’s supported by the Pediatric Endocrine Society. The date and time for the Special Interest Groups have been confirmed. Click here for a current description of the SIGs and the updated meeting agenda: http://internationalmeeting2017.org/docs/SIG_Descriptions.pdf

Date: Thursday September 14th
Time: 8:30 am – 12:00 noon

Special Interest Groups include:
Bone and Growth Diabetes Technology
DSD Obesity
Pediatric Adolescent Gynecology Turner Syndrome
Allied Health Gender Dysphoria
Global Pediatric Endocrinology

PES mentoring workshop 2017
The PES will host the 2017 Mentoring workshop on September 15th between 11:30-12:45 pm at Marriott Wardman Park in Washington DC during the International Meeting. The workshop will include lectures, a panel discussion, and ‘meet and greet session’ with distinguished faculty from academia, NIH, private practice, FDA and industry to discuss career options and career development. Please join us for an informal and interactive session! Registration information and program agenda will be available soon. Lunch will be provided with advance registration.

Now Available! Travel Awards
PES is pleased to offer Travel Grants to Fellows attending the 10th International Meeting of Pediatric Endocrinology. Applicants must be members of the Pediatric Endocrine Society to receive a travel grant. Applications are now open! Click here to apply.

Eligible applicants fall under the following categories:

1) Applicants are eligible if they are a fellow in September and if they are PES member at the time they apply. (Essentially current 1st and 2nd year fellows)

2) Applicants are eligible if they are a fellow at time of application. (All current fellows are eligible, even those graduating in the summer).

   a. Their payments will be sent to the institution where they did their fellowship, and subsequent transfer of funds can be made between the applicant and institution.

3) Applicants are eligible if they will be a fellow at the time of the meeting. Applicants who are not yet fellows, but will be in September, must get a letter from their soon to be Program Director confirming that they will be starting in July and they must become members of PES before the travel grant is awarded. Letters can be sent to info@pedsendo.org

2017 PES Ethics Essay Competition for Trainees
The Pediatric Endocrine Society Ethics Committee is hosting the fifth annual essay competition aimed at Pediatric Endocrinology fellows and pediatric residents. We invite essays of up to 1000 words detailing a case or case series, the ethical conundrums that arose, and a description of how the author wrestled with and resolved the dilemma. The essays should address the four pillars of medical ethics: beneficence, non-malfeasance,
justice, and autonomy. The essays will be read and judged by the members of the PES Ethics Committee. A $500 prize will be awarded to the first place essay writer. The winner will also have a chance to present their essay as a poster presentation at the PES 10th International Meeting of Pediatric Endocrinology.

Please click here for more information

Please click here for an application

NOW OPEN! PES 2017 Board Review Course
September 11-13, 2017, in Arlington, VA
Join colleagues for interactive lectures covering the ABP Pediatric Endocrine Content Outline. The Course will be held at Crystal Gateway Marriott in Arlington, VA prior to the 10th International Meeting of Pediatric Endocrinology. Attendees are responsible for making their own hotel reservations. Once you have registered for the Board Review Course you will be sent a link with hotel reservation information. PES has set aside a block of rooms at a special rate of $259/night for those who wish to stay at the hotel where the Course will take place. Group pricing is good until August 21, 2017 - please plan accordingly. Click here to register for the PES 2017 Board Review Course.

Click here to make your hotel reservations.

REGISTRATION OPEN! The PES Leadership Advantage Program:
In 2016 we launched the first module of our tailored leadership program, PES Leadership Advantage. It was a wonderful success! This year we are adding a second module. We are pleased to be offering both Modules One and Two as conference pre-sessions on September 13th.

Registration for Modules One & Two Now Open!
Modules may be completed in any order

Topics for Module 1:
- Understanding Yourself as a Leader – Operating with Emotional Intelligence
- Managing Your Time & Delegating Effectively
- Delivering Powerful Feedback & Managing Through Conflict

For more information or to register for Module 1 click here: http://beampines.com/product/pes-leadership-advantage-module-1/

Topics for Module 2:
- Decision Making – Leadership vs. Clinical Approaches
- Coaching and Mentoring for Performance
- Creating a Positive Culture & High Engagement

For more information or to register for Module 2 click here: http://beampines.com/product/pes-leadership-advantage-module-2/

FOR CONTINUING PARTICIPANTS ONLY: IF YOU HAVE PREVIOUSLY COMPLETED MODULE 1 USE THIS LINK TO REGISTER FOR MODULE 2

Clinical Research Studies
The Clinical Research Studies page on the PES website allows PES members to publicize (free of charge) their ongoing IRB-approved studies (registries, trials, and other clinical research studies) that are recruiting across North America. Providers can search or browse the listings to find studies that may be of interest to their patients. Currently posted studies are recruiting individuals with severe obesity, type 1 diabetes, MODY type 2, amenorrhea related to athletics, delayed puberty, and Klinefelter syndrome (infants and adolescents).

Know Your Website: Educational Materials on the PES Website
The PES website has links to multiple educational opportunities and information for everyone from students to practicing physicians. Included are resources covering everything from practice guidelines to finding a job. If you were ever frustrated trying to find an ICD-10 code, look under Professional Resources for “Billing/Coding”. Residents and fellows can find a nice list of commonly used formulas under the Fellows and Residents tab. There are links to Bone Mineral Density Z score calculators. Browse around on this site. You are likely to find a lot of useful information to book mark!

https://www.pedsendo.org/education_training/index.cfm

In addition, there is a list of regional, national and international meetings that might be of interest. And if you would like to post your regional, national or international meeting, please send the information to the PES office.

https://www.pedsendo.org/education_training/calendar_events/index.cfm

History Tidbit – Provided by Alan D. Rogol and Walter L Miller

Robert Blizzard and the National Pituitary Agency (NPA) Bovine growth hormone (GH) was isolated in 1944 (Science 99:183), but growth-promoting effects were species-specific (Endocrinology 60:166, 1957), and only human GH could stimulate growth in GH-deficient children (Science 125:884, 1957; JCEM 18:901, 1958). To stimulate clinical and basic research, and pre-empt premature commercialization, a centralized mechanism was needed to collect pituitaries and extract the hGH. In 1960, Robert Blizzard (third President of the PES, 1974-75), the NIH, The College of American Pathologists, and others organized the NPA. From 1963 to 1985, when it became apparent that cadaveric hGH was a potential cause of Creutzfeld-Jacob disease, virtually all hGH in the USA was provided by the NPA. The history of hGH was reviewed by Frazier (J Pediatr 131:S1, 1997).

Any PES member can contribute a tidbit! Send yours to Walter L Miller (Chair of the History Committee) at wlmlab@ucsf.edu

Sincerely,

Stephen M. Rosenthal, MD
PES President

Bruce Boston, MD
PES Board Member