Greetings!

Our dog Persey is blind due to a disorder called progressive retinal atrophy, essentially a canine version of retinitis pigmentosa. Initially, we thought she was just neurotic because she would increasingly stare into space or at the wall for extended periods of time. Then we noticed that she bumped into things when the light was getting faint on evening walks and, eventually, walking into doors during the day. When she was diagnosed with PRA by the veterinary ophthalmologist - don’t ask what his fee was! - he told us that we would have a harder time with it than she would. And he was right. Persey bangs her head frequently, falls off the porch stairs, runs around the kitchen and gets stuck under the table trying to find her bed so she can have her treat when we get home, and gingerly walks to the bedroom at night to avoid falling down the basement stairs. But she accepts it all in her doggy zen, somehow able to find the kitchen seconds after the refrigerator door opens and confident in the appearance of the teaspoon of peanut butter that accompanies her bedtime medications. Not only does she still enjoy hiking even though she trips over rocks and has to find the edge of the trail with her feet like a roomba, she insists on being in the lead!

Pediatric Endocrinology and PES, like Persey, finds itself with challenges at the moment. We are all too aware of the rising patient volumes, increasing productivity demands, threats to reimbursement, salaries not keeping up with our peers, research budgets tightening at the same time that regulatory requirements are increasing. As is the case with other pediatric subspecialties, this is leading to decreased interest among students and residents, decreased satisfaction among our colleagues, and increasing risk for burnout, an aging workforce, and early retirements. But realistically, we have only two choices in this moment – we either focus on the head bumps, tripping, and stair falling, like Barbara and I have tended to do while watching Persey, or we call on our Peds Endo Zen and, like Persey, figure out how we adapt to changing circumstances while not forgetting what we love about what we do and the gratification of sharing that love with our trainees, colleagues, patients, and families. This doesn’t mean complacency in the face of challenges, it doesn’t mean we don’t try to change what we can change, nor lie down in front of the fire and give up. Rather, it means that, despite the rocks in the trail and the risk of tripping, we remember that we love to hike, to share our love of hiking, and be in the lead - and that there is still peanut butter at bedtime.

Mission Alliance Partnership Update

On January 17 and 18, the PES Board of Directors met with our new Mission Alliance Partners (MAP) in Fort Worth TX. This inaugural meeting of the MAP was an opportunity for PES and our partners to explore this new model for our relationship and it was a rousing success. After introductions, we participated in “speed dating” in which each board member rotated around to meet with each company to get to know one another and to discuss a series of pre-determined questions related to shared project opportunities, funding approaches, evolving industry landscape, support for various future PES Annual Meeting options and other topics of mutual interest. A shared social event Thursday evening resulted in strengthening of relationships and then Friday morning we got back to work with a series of 5 working groups focused on the Strategic Pillars of the Society. In this exercise, board members and MAP partners brought their various perspectives to develop and evaluate ways for PES and MAP to work together to accomplish our aligned goals. While several interesting ideas emerged, most important was the success in modeling a new way for the Board and our partners to collaborate. By all accounts, the meeting was a rousing success for both the board and the MAP attendees, and a long list of action items was generated to further these relationships. An exciting first step into the future for PES.

Starting in February, keep your eyes open for a new feature – MAP Spotlight. This will be an opportunity for our MAP members to update the membership on new products, indications, safety alerts, trial results, patient support programs etc.

Welcome to our Mission Alliance Partners!

GOLD Mission Alliance Partner
In response to the results of this year’s Fellows’ match, as well as other evolving changes in the Pediatric Endocrine workforce, PES is undertaking a number of initiatives to help us understand the challenges and begin to address them. As one of the first steps in this process, Jennifer Barker and Tandy Aye convened two webinars of the Program Directors and all other interested parties. Please watch for a webinar update as well as additional PES workforce initiatives in the coming months.

2019 Membership Dues Renewal
It’s time to renew your dues! If you were a new member or renewed your membership in 2018, your demographics are prepopulated for your convenience. Please review the data for accuracy. These data help us make informed decisions when developing new programs and resources and are essential to our mission. We thank you for your cooperation and highly value your feedback!

Click here to renew your dues.

2019 PAS/PES Annual Meeting
Save the date for a very exciting PES meeting (preliminary schedule). We have expanded our offerings this year with pre-PAS programming for all members and with more symposia and Meet the Professor Sessions. PES programming will start on Friday, April 26th at 4:30 p.m. with all members invited to join our Special Interest Groups for exciting workshops and meetings. Official PES/PAS programming will start on Saturday morning, April 27th, and end mid-afternoon Monday, April 29th. Meet the Professor sessions will occur at our headquarters hotel, the Hyatt Regency, close to the Baltimore Convention Center.

Click here to view the Pediatric Endocrine Society (PES) Schedule at a Glance
PAS 2019 Meeting Registration NOW OPEN.
PAS 2019 Meeting Hotel Booking NOW OPEN.

Call for Abstract Submissions: Joint Poster Session of the PES Lipid and Obesity SIGs
The PES Lipid and Obesity SIGs are planning a joint poster session, to be held on Friday April 26th, from 4:30-5:30 p.m. at the Hyatt Regency Baltimore Inner Harbor Hotel, in conjunction
with the 2019 PES. We invite all residents, fellows, and faculty to submit obesity and/or lipid-related research abstracts and clinical cases for oral poster presentations at this joint SIG symposium. Abstracts accepted for poster presentation at the 2019 PAS/PES meeting may also be submitted for presentation at this symposium.

Abstract guidelines (similar to those for PAS):
- Character count no more than 2600 – includes spaces and title; excludes author’s name(s), institution(s) and upload of tables and images.
- There is no limit to the number of abstracts that may be submitted by each author, but the submission of multiple, similar abstracts from the same investigator(s) or laboratory is strongly discouraged.
- Abstracts submitted and/or presented at other societies or national meetings are allowed. If you have submitted your abstract to PAS/PES 2019, please indicate so during submission.
- Submitting author should verify upon submission that all authors have agreed to the submission of that abstract.
- If an abstract is selected, the presentation must include the methods used for the study and any other information relevant to the research.
- Reviewer scores and comments are confidential and are not available to anyone (including authors) outside of the review process.
- We encourage abstracts from fellows and junior faculty, but all are welcome to submit.

Please submit your abstracts via email to Dr. Vibha Singhal: vsinghal1@mgh.harvard.edu. Abstracts must be received no later than February 28th, 2019 for consideration. We will notify those selected for oral poster presentation by March 18th, 2019.

Call for abstracts to the PES Bone & Mineral Special Interest Group meeting
The PES Bone and Mineral Special Interest Group (SIG) will convene during the PES conference on Friday, April 26, 2019 4:30-6:30 PM at the Hyatt Regency Inner Harbor. Our aims are to increase awareness, share knowledge, promote collaborations, and provide education to enhance the understanding and management of pediatric bone and mineral disorders. We invite you to submit abstracts related to bone and mineral metabolism to be considered for oral presentation. Abstracts may have up to 2600 characters (includes spaces and title). This does not include the author’s name, institution and upload of tables and images (same as abstracts submitted to the main PES meeting).

Please submit abstracts by February 25th, 2019 to gafnir@mail.nih.gov. Abstracts already submitted for the main PES meeting may be resubmitted to SIG meeting. Chosen abstracts will be limited to those not selected for oral presentation at the main meeting.

PES 2019 Board Review Course
The PES will host the 2019 Board Review Course from April 24th-26th, 2019. The course will be held in Baltimore, MD, just before the 2019 PAS/PES Annual Meeting and will end in time for members to attend the PES Committee Meetings on Friday afternoon, April 26th. Click here to register.

PES Leadership Advantage PREVIEW: ENVISION Module - Baltimore - April 26th
Registration is still open for PES Leadership Advantage - ENVISION which is scheduled for Friday, April 26th preceding the 2019 PES Conference. The session runs from 8:30 a.m. - 5:00 p.m. with a break from 11:00 a.m.-2:00 p.m.

ENVISION

Planning & Navigating Your Leadership Career Path

Creating a Shared Vision

Managing Underperformers

Preview: Creating a Shared Vision
According to a Harvard Business Review survey, two qualities employees admire most in a leader, are first, a person who values “honesty”, and second, someone who is “forward-looking”. Honesty can be defined as a component of character and being forward-looking is defined through creating a Shared Vision. A successfully shared vision is defined as that which creates excitement, energy, and clarity among employees and is flexible enough to allow each team member to define his/her individual role and contributions within that vision. Creating a shared vision involves more than simply sharing what you imagine for the future. A truly successful shared vision includes creating the pathway and processes to achieve it, assembling well-defined success measures, and guiding a talented team to deliver on it.
Creating and Effectively Communicating a Shared Vision Will:

- Define you as a forward-looking leader
- Create goal and role clarity among your team members and other stakeholders
- Increase the success of your management initiatives
- Establish measurable indicators of success – a dashboard

Returning participants can register for the early bird discount here: http://beampines.com/product/pes-leadership-advantage-module-envision-continuing-participants/

New participants can register for the early bird discount here: http://beampines.com/product/pes-leadership-advantage-module-envision-new-participant/

For further information, please contact BeamPines, Inc. at (212) 476-4100: Sharon Malone, x225 or smalone@beampines.com or Lisa Milano, Psy. D. x275 or imilano@beampines.com

We extend a very warm welcome to our new members:

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<th>First Name</th>
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<th>Organization</th>
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<tr>
<td>Monica</td>
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<td>Patel</td>
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<td>Nationwide Children’s Hospital</td>
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PES Fellow Travel Grants

PES is pleased to offer Fellows presenting at the PES/PAS Annual Meeting in Baltimore, Maryland, April 27-30, 2019 the opportunity to win Travel Grants. Applicants meeting the criteria listed below will be entered into a random drawing for one of 20 $500 travel grants. Eligible applicants must meet the following three criteria:

1) Applicants are eligible if they are a fellow in April 2019 and if they are PES member at the time they apply.
2) They have had an abstract accepted for oral or poster presentation at PAS.
3) They have no other external source of travel funding

Application submission will begin in early February following PAS abstract selections. Application deadline will be March 5th and successful applicants will be notified by mid-March.

MOC/QI Corner

Do you need help navigating the ABP website to check your MOC requirement status? Are you looking for ideas for MOC Part 4 projects related to pediatric endocrinology? Please take a look at some of the new resources available in the MOC/QI section of the website! https://www.pedsendo.org/quality_improve/index.cfm

Also, at the upcoming PES Meeting in Baltimore, the MOC-QI Committee will be hosting an MOC Part 4 Workshop on Friday, April 26 from 4:30 to 6:30 pm. Please join us!

As a reminder, PES is pleased to offer Quality Improvement training through the Institute for Healthcare Improvement Open School. The IHI Open School offers more than 30 online courses related to Quality Improvement, Patient Safety, and Person-Centered Care. A limited number of memberships will expire on MARCH 31, 2019. Credits are available for CME as well as for ABP MOC Part 2 (when bundles of courses are completed). QI Modules 102, 103, and 104 can count toward QI training required for MOC Part 4 projects sponsored by the PES. Memberships will be distributed on a first-come, first-served basis. For further information, please contact info@pedsendo.org.

Ethics Corner

The Ethics and Disorders/Differences of Sexual Development Special Interest Groups are co-sponsoring a Workshop at the 2019 PES Meeting: Team approach to DSD: Why and how?

It will be during the Special Interest Group Meetings and we hope you will join us. The workshop aims to increase understanding of health care team function in DSD, ethical challenges of parents as proxy for decision making, and the implementation of a shared decision-making process to enhance patient-centered care.

History Tidbit

Israel Kleiner, Ph.D and the Discovery of Insulin

Banting and Best are often credited for discovering insulin, Collip developed the purification scheme, and Banting and MacLeod received the 1923 Nobel Prize. Israel Kleiner’s work at New York’s nascent Rockefeller Institute is usually overlooked (Friedman, Harper’s, November 2018). Kleiner noted that dextrose disappeared rapidly from the circulation of a normal dog or
when a pancreatectomized animal received both iv glucose and a water-soluble pancreatic extract, finding “further evidence for the internal secretion theory of experimental diabetes” (J Biol Chem 40:153, 1919). But the Rockefeller Institute was de-emphasizing metabolism and becoming a center for infectious disease research; Kleiner was dismissed and moved elsewhere (without his lab). Kleiner did not investigate his findings in man, whereas Banting et al. did.

Provided by Alan D. Rogol, MD, Ph.D