Stay Informed:

April 2016

Dear PES Colleagues:

In my last letter to you, I would like to review our many accomplishments. The quantity and significance of the achievements is possible because of the dedication of our leadership and members who tirelessly volunteer to serve our organization.

1. Service to our members:
   a. Leadership Development Course
   b. PES Interactive Pediatric Endocrinology Clinical Update and Case Discussion Course
   c. Board Review Course offered online
   d. Free subscriptions to our journal, Hormone Research in Paediatrics
   e. The new Paul Kaplowitz Lecture on cost-effective care in pediatric endocrinology.
   f. Hypoglycemia Guidelines published (becomes the most frequently cited article in the Journal of Pediatrics in 2015)
   g. Guidelines Development:
      i. Growth Hormone
      ii. Lipodystrophy
      iii. DSD
      iv. Thyroid Cancer
   h. An online list of grant opportunities and a registry of clinical research studies
   i. Implementation of the SCAMPs® (Standardized Clinical Assessment and Management Plans) session at the Annual Meeting. The platform provides a framework for clinical care in order to learn about conditions for which there is uncertainty or variation. (The estrogen replacement SCAMP aims to improve care of Turner syndrome girls)
   j. International Turner Syndrome Clinical Care Guidelines Consensus Meeting, July 24-26, 2016, hosted by the Turner Resource Network
   k. Release of the International Classification of Pediatric Endocrine Diagnoses (ICPED)
   l. Partnership in Accurate Testing of Hormones (PATH) standardization of testosterone assays

2. Education and Training:
   a. A destination CME course for general medical and pediatric providers, Pediatric Endocrinology for the Primary Care Provider in Miami, Florida, November 3-6, 2016
   b. Congenital Hypothyroidism Performance Improvement Module (PIM) activity is available with MOCE Part 4 credit
   c. Haiti initiative; training of healthcare professions in pediatric endocrinology
   d. Development of a series of patient education fact sheets and collaborating with SLEP to translate these documents into Spanish
   e. New symposium at the meeting entitled "What's That Spot on My Scan" – case-based discussions of incidentalomas

3. For our trainees:
   a. The Mentoring Initiative continues in year 2
   b. Children’s Hospital Los Angeles (CHLA) hosted the first Visiting Fellowship Program; continuing next year at Children’s Hospital of Philadelphia (CHOP)
   c. Development of ethics modules on the PES website to ACGME competencies
   d. Annual Ethics Essay Competition
   e. Development of the Pediatric Endocrinology Entrustable Professional Activities (EPAs) for the ABP describing the knowledge base and qualities needed by trainees as they progress through their fellowship
   f. The PES Research Fellowship Award (RFA) and the PES Clinical Scholar Award (CSA)

4. For our patients:
   On the web site: A template letter that can be given to families of children with adrenal insufficiency to expedite care in the emergency room setting

5. Advocacy:
   a. The Transgender Special Interest Group (SIG) is the first official SIG of PES
   b. The PES is a member of the Diabetes Advocacy Alliance (DAA)
   c. PES comments upon the World Health Organization’s Interim Report of the Commission on Ending Childhood Obesity

I would like to thank my BOD colleagues who are completing their service; Craig Alter, Mitch Geffner and Karen Rubin. I have also enjoyed working with the Degnon staff and thank them for their
continued support. I would like to include a special thank you to Seth Marks, the 2016 Program Committee Chair, Dorothy Shulman, the BOD liaison member and last year’s Chair the Program Committee and the committee members for their diligent efforts in planning our annual meeting. Of course my thanks to all of you who volunteer their time on behalf of PES, particularly the chairs and members of committees, councils, programs and the SIG. Our mission is shared by the Corporate Advisory Board and I thank them for their advice and support. I would like to welcome the new BOD members, Mary Lee, Peter Lee and Madhu Misra and look forward to continuing to serve with them next year.

Congratulations to our RFA and CSA Awardees: Mireille El Bejjani, Nora Renthall, Justin Gregory, Youn Hee Jee, Stephanie Roberts. A special congratulations to our honorary awardees this year: Charlie Stanley, MD - Judson J. Van Wyk Prize
Rudy Leibel, MD - Lawson Wilkins Lecturer
Joyce Lee, MD - Paul Kaplowitz Endowed Lectureship
George Chrousos, MD - Robert M. Blizzard Lectureship
Walter Miller, MD - Del and Beverly Fisher Pediatric Endocrinology History Lecture
(Will be given at the 2017 International Meeting in Washington, DC.)

I thank all of you for allowing me to serve as President and look forward to working with the new BOD under the leadership of Steve Rosenthal. Please continue to support the PES by volunteering your expertise on our committees, councils and programs and SIGs.

International Classification of Pediatric Endocrine Diagnoses
The International Relations Council (IRC) of PES is pleased to announce the release of the International Classification of Pediatric Endocrine Diagnoses (ICPED). The ICPED is a unique pediatric endocrine classification system developed as an update and expansion of the European Society for Paediatric Endocrinology (ESPE) Classification of Paediatric Endocrine Diagnoses published in hard copy by Karger in 2007. Recognizing the need to revise the classification and create an online accessible version, in 2011 an international group of over 60 pediatric endocrinologists representing a collaboration between eight pediatric endocrine societies including PES (the ICPED consortium; see website for details) began work to expand and update the classification with the goals of providing a globally useful classification system for pediatric endocrinology, promoting consistency of terminology, and facilitating international collaborative research efforts. To promote alignment with other terminology systems the ICPED has been provided to the World Health Organization International Classification of Diseases (Version 11) development team, and to the National Institutes/National Center for Biotechnology Information of Health Pediatric Terminology Project as the basis for their terminology updates and development programs. Please visit www.icped.org to view and access the tool and provide feedback. The ICPED database can be downloaded in Microsoft Excel format from the “Support” tab.

And the award goes to...
Congratulations to the following 2016 award winners!
- Ethics Essay Competition--1st place = Vincent Horne, MD, MMS, from Cincinnati Children's Hospital Medical Center.
- Human Growth Foundation Award winner = Ovidiu A. Galescu from the NIH.
- AAP and PES Leona Cuttler Award winner = Edward Bellfield, MD, MPH

News from the Diabetes Advocacy Alliance
Henry Rodriguez, Chair of the Public Policy Council and the Council’s liaison to the Diabetes Advocacy Alliance (DAA), had the honor of presenting Congressman Ed Whitfield with the Lifetime Achievement in Diabetes award on March 1st at a DAA reception to honor Congressman Whitfield and to welcome the new leadership of the Congressional Diabetes Caucus. Congressmen Whitfield has been the Co-chair of the Congressional Diabetes Caucus for five years and, during that time, he has provided tremendous leadership on numerous diabetes issues, including his sponsorship of the Access to Quality Diabetes Education Act. He announced his intention to retire at the end of the current session of Congress. You can read more about this event, the Caucus, and the DAA on our Public Policy/In the News web page.

Reminders, Updates, and Deadlines
- Summer will be here before you know it. Don’t forget to check out the listing of camps on our web page, and let us know if you have any others you’d like us to post.
- PES invites members to form Special Interest Groups (SIGs) to provide a venue for members to network with other colleagues sharing similar interests.
- Have a question regarding research progress, career choices, career progress, or work-life balance? Email RAC@pedsendo.org, and someone from the Research Affairs Council (RAC) will get back to you. We understand that you may be sending personal and sensitive information, and the RAC will be sure to keep this in mind and understand that this is confidential information.
- Be sure to visit our Calendar of Events page for upcoming events, our Job Board for new open positions, and our Fellowship Openings page.
- We’ve recently created a new Public Policy/In the News web page. Have something you’d like to add to this page? Send it our way!

Craig’s Endocrine and Hollywood Section: Decades of True or False
1) In 1967, in a Star Trek episode where Captain Kirk was aging too rapidly, Kirk consults an Endocrinologist.
2) In 1987, in the movie Princess Bride, one of the characters had Marfan’s Disease.
3) In 1992, Nick Nolte and Susan Sarandon play parents of a child with adrenal insufficiency.
4) In 2000, in the movie Momento, insulin is administered in the antecubital fossa.
5) In the 2006 House Episode “Merry Little Christmas”, after he diagnoses a girl with Histiocytosis and Growth Hormone Deficiency, he offers oral growth hormone therapy.
6) In the 2006 television show, Brothers and Sisters, a girl with diabetes asks her mom why she got diabetes and wanted to know if she caught it from a friend.

**Historical Tidbit of the Month**

The growth promoting activity of crude anterior pituitary extract was first reported in 1921, by Evans and Long from the University of California (Anat Record 21:62-63). They injected the extract into the peritoneal cavity of 38 rats, at an undisclosed frequency beginning at 14 days of age. The animals were followed for 60 days with weight measurements every five days. Weight at 75 days for the experimental animals was 228 g and for the littermate controls 183 g. Twenty-four years later Li and associates (including Evans) isolated and characterized the hormone responsible for this effect (J Biol Chem 159:353-366).

If you have an interesting brief historical tidbit to share, please send it to Arlan Rosenbloom (Chairman of the History Committee) at rosenal@peds.ufl.edu.

Sincerely,

Sally Radovick, MD  
PES President

Craig Alter, MD  
PES Board Member

Craig’s “Endocrine and Hollywood” Answers:

1) True (good thing one of the 400 on the crew was an Endocrinologist!); 2) False, Andre the Giant had Gigantism and made his fame in wrestling; 3) False, Lorenzo’s Oil featured their child with Adrenoleukodystrophy (ok, perhaps partially true then); 4) True, I guess no one really had diabetes on the set.; 5) True, the episode had so many correct details, so I am not sure why they used oral growth hormone.; 6) False, the child actually asked “Why did I get diabetes, was I bad?”