Greetings!

I am eager to begin my year as PES President! There are many exciting initiatives already underway, and one of our most important tasks will be to resolve the status of our annual meeting for 2018 and beyond. I am energized by the enthusiasm and commitment of our Board, our Councils, Committees, and SIGs, and by the dedication and commitment of our executive staff. In preparation for this year ahead, and as research to help lead discussion and inform decisions when the board/strategic committee meet in early fall to review the strategic plan, in the coming weeks we will be soliciting member input on the value of membership and seeking your feedback. Please be on the lookout for a brief survey and complete as soon as you can. We represent the membership and it is critical that we hear from you to help shape the strategic direction of the society and remain relevant. Thanks, and I look forward to a great and productive year ahead!

Annual Meeting highlights

Despite the cold and damp Baltimore weather, the 2016 PES/PAS meeting in Baltimore was a success with 671 PES members in attendance! Prior to the meeting, both the Clinical Update Course and the Leadership Development Course were well attended with 75 and 20 attendees, respectively. The meeting kicked off Friday Evening with the President’s Poster Session during which our Past President Sally Radovick announced the winners of the QI Leona Cuttler Award, the Human Growth Foundation Award and the 2016 Ethics Essay Award. Saturday featured a good mix of clinical updates and science lectures with a very memorable inaugural Paul Kaplowitz lecture by Joyce Lee. Sunday led off with sessions on SCAMPS (Update to be featured in June’s newsletter!) and how to set up a Ped Endocrine Practice. Monday was clearly a memorable day with tributes to the lifetime achievements of Charles Stanley and a presentation on the status of Pediatric Endocrinology by our outgoing president. Thanks to our Program Committee for planning an excellent meeting!

The 2016 Clinical Update Course is NOW available on line!

This new interactive course was held at the PES Annual Meeting this past April in Baltimore, MD, and the sessions were recorded so that we can offer it to you online. The course addresses areas of Pediatric Endocrinology that offer clinicians the greatest challenges, including disorders of growth, bone, diabetes/obesity, lipids, endocrine neoplasia, and endocrine genetics. The course also emphasizes newer therapies that have recently become available, as well as therapies on the horizon. Click here for more information: Online Clinical Update Course

PES Leadership Advantage

We are pleased to report that the inaugural PES Leadership Advantage workshop kicked off at our April conference with an energetic group of physician leader participants. The first module explored leadership skills in emotional intelligence, time management, conflict management, and delegation. One participant said the aspect she enjoyed the most was “sharing the workshop with 20 people in the same situation as me, in the same field, and with similar struggles, and experiences.” Another participant said the “session was engaging and used real world examples.” Overall the participants gave their experience very high marks. We are very excited about these positive reviews and look forward to future modules.

The next offering of Module One will take place as a segment of the international PES conference in September 2017. PES Leadership Advantage Module Two will kick-off in 2017 and will offer the chance to explore an additional set of leadership skills. Module two topics will be developed based upon previous member interest surveys and through input from our Module one group. Eventually, four PES Leadership Advantage modules will be offered covering a wide array of leadership competencies relevant to our members, and may be completed in any order. Leaders who complete all modules will achieve a certificate in leadership.

We hope you will stay close as our work develops so that you can decide if PES Leadership Advantage is right for you.

Pediatric Endocrinology Papers of Interest

The publications committee will be reviewing and providing links to papers of interest quarterly, one from Hormone Research in Paediatrics, the other from an outside journal. Here is our first installment!

Log in to PES member’s only to see the full article: http://www.ncbi.nlm.nih.gov/pubmed/26820577 http://www.karger.com/Article/FullText/442975


Need your help with pharmacologic management of Graves Disease
A message from Scott Rivkees, MD:
“It has been 5 years now that methimazole has been strongly recommended as the drug of choice for treating hyperthyroidism. We are interested in determining whether any of your patients have experienced side effects to either propylthiouracil (PTU) or methimazole (MMI) over the past 5 years. If so, please enter your information via the US FDA med watch program. This is a simple online reporting process that protects patient confidentiality and will take no more than a few minutes. The data can then be analyzed centrally by the US FDA. To do so, see...
https://www.accessdata.fda.gov/scripts/medwatch/index.cfm?action=professional.reporting1

Know your PES Website!
The PES website exists to provide useful information for Pediatric Endocrinologists and patients and families with endocrine disorders. If you have questions or suggestions about content on the website, or have ideas of content you would like to see on our website, please contact management at info@pedsendo.org.

Clinical and Translational Studies: The Research Affairs Council of the PES has created a NEW listing of Clinical and Translational Studies on the PES website. This is a unique (and cost-free) opportunity for PES members to publicize their ongoing IRB-approved studies, and the postings are openly accessible to PES members, non-members, and patients and families. This listing is more inclusive than ClinicalTrials.gov and includes physiological, observational, and genetic studies in addition to clinical trials.

If you are an investigator, we hope this will help with referral to and recruitment for your studies and strongly encourage you to use this resource. If you are a provider, we hope that you will use this resource to direct patients and families to studies that may be of interest and potential benefit to them. Please click https://www.pedsendo.org/patients_families/clinical-research-studies/ to access the web page and log into member’s only to submit a study.

Patient Education Materials: A Patient Education Subcommittee comprised of members from the PES Education Council and the American Academy of Pediatrics Section on Endocrinology developed a series of patient education fact sheets on a number of Pediatric Endocrine topics. These are available at https://www.pedsendo.org/patients_families/Educational_Materials/index.cfm .

Committee Corner
PES Committees gathered in Baltimore to celebrate the committee and council accomplishments of the last year, as well as began to plan for the coming year to identify projects that speak to their individual committee/council objectives to advance the mission of the society. Stay tuned in the coming months for updates on the various initiatives! If you are interested in joining a committee or council and have not yet let us know, please visit the member’s only section of the website to review the various committee and council charges and reach out to the chair directly to let him/her know why you are interested in joining and how you feel you would be a good fit on that particular council or committee.

Welcome New Members!
Kristina Cossen, Roja Fallah, Danya Fox, Nancy Gagne, Christine M Chan, and Nicky Kelepouris

Reminders, Updates, and Deadlines
• Recent educational courses sponsored by PES are available on line.
  - The 2015 Board Review Course online access has been extended until the end of the year. Take advantage of this unique opportunity offered by the Pediatric Endocrine Society to provide targeted preparation for the Pediatric Endocrinology Boards and the Pediatric Endocrinology Recertification Exam. Click here for more info: PES Online Board Review Course
  - NEW - The 2016 Clinical Update Course Online Clinical Update Course
• The inaugural PES SIG on Transgender Health has been very active. PES encourages members to form additional Special Interest Groups (SIGs) to provide a venue for members to network with other colleagues sharing similar interests. Visit the website for more information if you would like to learn how to form a SIG and how the PES can support your SIG. 
https://www.pedsendo.org/about/sigs/index.cfm

• Have a question regarding research progress, career choices, career progress, or work-life balance? Email RAC@pedsendo.org, and someone from the Research Affairs Council (RAC) will get back to you. We understand that you may be sending personal and sensitive information, and the RAC will be sure to keep this in mind and understand that this is confidential information.

• Be sure to visit our Calendar of Events page for upcoming events, our Job Board for new open positions, and our Fellowship Openings page.

• Countdown to the 10th International Meeting of Pediatric Endocrinology in Washington, DC. 
http://internationalmeeting2017.org/

History Tid Bit
‘Sex chromatin’, first described by ML Barr (Nature 163:676, 1949), became known as the ‘Barr body’ and was used to establish sex via buccal smear cytology. Independent studies by Mary Lyon (Nature 190:372, 1961) and by Mel Grumbach & Akira Morishima (Acta Cytologica 6:46, 1962) showed that sex chromatin was an inactivated X chromosome. Grumbach’s paper, contributed to the proceedings of a Symposium on Sex Chromatin, is listed as having been received on October 25, 1960, but publication was delayed for over a year. Morishima, Grumbach and Taylor showed that the inactivated X replicated after the active one (PNAS 48:756, 1962). Inactivation of an X chromosome became known as ‘Lyonization’, in part because no one could say ‘Grumbachianization’.

Sincerely,

Stephen M. Rosenthal, MD, MD
PES President

Bruce Boston, MD
PES Board Member

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