Greetings!

Welcome Spring, and welcome to the *Motivational March Edition* of the PES President’s letter. As I write this message, it is impossible to ignore how much life has changed since my last letter to you. COVID-19. All of us are surely overwhelmed with constant news about the SARS-CoV-2 virus and COVID-19, and when time permits, we must reflect upon the many ways our lives have been dramatically impacted…indefinitely. Not the least of which, our inaugural standalone annual meeting! During these uncertain times, it is important to remember to control what you can and celebrate the good!

Mr. Rogers may have said it best; “*When I was a boy and I would see scary things in the news, my mother would say to me, "Look for the helpers. You will always find people who are helping."*”

- Fred Rogers

As healthcare providers, public health crises such as this compel us to go above and beyond our usual efforts to serve and safeguard our patients. We must also remember to take additional measures to protect ourselves, both physically and emotionally. In this letter you will find professional resources to combat the challenges that COVID-19 is imposing on our lives; our new normal.

Under more normal circumstances, this letter would have contained a “what to know before you
go" message as we prepared to head to Fort Worth, TX in a few weeks for what was shaping up to be nothing short of epic! The overwhelming support from the membership and our industry partners for our inaugural independent meeting was more than validating. The call to action now: we must all maintain our commitment to our patients, take advantage of novel ways to learn and improve professionally, and stay connected with our pediatric endocrine community.

So, instead of what to know before you go Information, we will look to address the What’s Next? In this letter.

A lot of activities take place in conjunction with our annual meeting, some traditions, and some prescribed in the Bylaws of the Society. So how will we honor and manage these expectations? As creatively as we can! After all, we are nothing if not nimble when faced with adversity!

- **Induction of the new board**- Serving on the PES board is an honor but also a great responsibility. The annual meeting marks the end/beginning of the terms of service, hence a time to thank the outgoing leaders and welcome the incoming. Be on the lookout for a virtual solution to this rite of passage!

- **The presentation of the PES Annual business meeting (aka State of the Society)**- Like the induction of the board and officers, the PES business meeting presentation (to include the treasurer’s report) is an annual requirement as prescribed in the Bylaws. We have a presentation prepared and will share with the membership via a download on the website. We regret that we will not be able to celebrate our volunteer member contributions and award winners but know that we applaud your gifts and talents.

- **The Annual PES Committee planning meeting where we recognize outgoing members/leaders and welcome new, and the reporting out to the board the projects and initiatives the committees have planned to support the strategic direction of the society as outlined in the strategic plan**.- I encourage you to contact management ASAP to reserve a conference line and plan to host a meeting of your committee! Once you have met as a committee to conduct your annual planning, we will invite the chairs to participate in a webinar
with the PES board for you to report out to the board on the planned committee activities. This will be a time to celebrate previous achievement and set the committees direction for the coming year. This is always an uplifting and proud moment for the leadership. We cannot be robbed of this excitement and motivation due to the fallout of current events.

**FAQs considering the changes having to be made with the Society’s annual meeting plan:**

**Q: Is it possible for me to get a refund for the April 24-27, 2020 meeting?**
**A:** Management is exploring the possibility of holding the 2020 meeting at a later date. If so, we would plan to apply your registration fees for the rescheduled 2020 annual meeting. Please stand by while we assess feasibility. If it is not possible to reschedule, management will be in touch with instructions for requesting a refund or permission to apply registration fee to a future offering.

**Q: Will any portion of the meeting be available virtually?**
**A:** Once a path forward is finalized, (if we can offer this meeting as planned for later in the year) this will determine if it is necessary to provide an alternative to live programming.

**Q: If I registered for the PES Leadership Advantage workshop will I be refunded?**
**A:** THIS JUST IN! The INFLUENCE module will be offered virtually. The module consists of these topics:

- *Understanding Yourself as a Leader (Emotional Intelligence)*
- *Time Management & Delegation*
- *Managing Feedback and Conflict*

If you have already registered, you will be contacted directly by The Malone Group with the invitation to join the platform and instructions for virtual participation. If you have not registered but would like to take advantage of the virtual delivery offering, it’s not too late. If you are a *returning participant* you can click [here](#) to register, and if you are a *new participant* you can click [here](#) to register. The virtual version will be divided into three
two-hour sessions. The participants will be surveyed for a time of day that is most convenient for the majority of the group.

Welcome New Members
Saima Hanif  Rainbow Babies and Children's Hospital
Shira Novack  Childrens Hospital at Montefiore
Marcela Astudillo Jarrin  Texas Children's Hospital
Einas Alkhatib  Michigan State University/Spectrum Health
Marwa Tuffaha  Massachusetts General Hospital
Leslie Rohan  Childrens Hospital Chicago
Stephanie Woerner  Indiana University
Marykaye Mitscher  IU Health
Nicole Barnes  St. Jude Children's Research Hospital

PES response: a comprehensive telehealth response to the current crisis
The PES is advocating for immediate changes to Medicaid, CHIP, and private insurers so that pediatric endocrine practices can provide and be paid for telehealth care services. A letter has been sent to Congress on behalf of the PES asking that all health insurance providers, including employer-sponsored plans regulated by the Employee Retirement Income Security Act and all Medicaid Managed Care Organizations, be required to modify their benefit, coverage and payment policies so that there is parity of reimbursement for virtual care options and in-person visits. Click here for more information

TIP: Visit the PES website to access a list of useful resources and links to helpful information here:
https://www.pedsendo.org/education_training/professional_resources_cv19.cfm

2020 PESTOLA Meeting-Primary Care Update
PESTOLA recognizes that the current COVID-19 health crisis has greatly restricted the opportunities for pediatric endocrine education. PESTOLA and the UAMS Pediatric Endocrine Faculty are sharing recordings of these lectures and hope this provides a valuable pediatric endocrine educational experience. No CME/CEU credits are available. Click here to access the lectures: **PESTOLA Primary Care Update**.

**Brief Therapeutic Update from PES Drugs and Therapeutics Committee**
Prepared by: Laura Page and Amit Lahoti

In December 2019, the FDA announced approval of Tandem Diabetes Care Control-IQ™ Technology. Control-IQ Technology on the t:slim X2™ insulin pump can adjust basal insulin delivery and deliver automated correction boluses using Dexcom G6 continuous glucose monitoring (CGM) values. It is currently approved for patient ages 14 years and older. [For further details view the full document](https://pes-video.s3.amazonaws.com/PresidentVideo/IMG_0955.mp4)

**History Tidbit**
**Pediatric Science and Subspecialty Care: A United States-centric View**
Alan D. Rogol, MD, Ph.D

Pediatrics is a recent clinical specialty. The first hospitals to be especially established for the treatment of sick children were established in the 19th century, the Hôpital des Enfants-Malades founded in 1802 on the Rue de Sévres in Paris and Great Ormond Street Hospital in London, England, in 1852. The first permanent children's hospitals in the US were the Children’s Hospital of Philadelphia (1855) and Boston Children’s Hospital (1869). But it was at Johns Hopkins Hospital that the first full time academic department of pediatrics was formed (1912, reviewed in The Harriet Lane Home, Johns Hopkins University Press) to carry on the scientific basis of pediatrics championed by L. Emmett Holt, by his “mentee” John Howland. In the 1930’s Edwards Park organized subspecialties by appointing several physicians to lead newly formed divisions, including Lawson Wilkins as the first chief of Pediatric Endocrinology. Wilkins became known for meticulous record keeping and graphic charts; for he was among the first to integrate clinical care with laboratory investigation.

**Please click here for a Closing Message below from your President; Erica Eugster**

[https://pes-video.s3.amazonaws.com/PresidentVideo/IMG_0955.mp4](https://pes-video.s3.amazonaws.com/PresidentVideo/IMG_0955.mp4)
During this stressful time, we all need yoga more than ever! Please feel free to join my weekly online all-levels Vinyasa class on Wednesdays from 6-7 PM eastern time via this Zoom link. [https://zoom.us/j/471328946](https://zoom.us/j/471328946) I hope to see you there!

Sincerely,

Erica Eugster, MD
PES President

Michael Levine, MD
PES Board Member