Stay Informed: Facebook Twitter

February 2018

Dear Colleagues;


We have pulled together a few of the pediatric endocrine activities that you can enjoy at the annual PAS meetings. A link to the overall schedule is provided but the on-line link does not yet fully delineate programming organized by PES. Lawrence Silverman and the Program Committee have organized a terrific meeting! Among other outstanding speakers and programs, we are looking forward to great talks from two of our esteemed members, Dr. Jeff Baron, the 2018 Blizzard Lecturer, and Dr. Ora Pescovitz, being honored as the Lawson Wilkins Lecturer.

We sent out reminders for dues renewals last month to committee members and a number of members did not realize they had forgotten to renew. Please remember that today is the last day to renew your 2018 dues! If you have any questions about your current status, please email Brandi Walsh at info@pedsendo.org

I had a wonderful opportunity to attend the annual PESTOLA (pediatric endocrine society of Texas, Oklahoma, Louisiana, and Alabama) meeting in New Orleans last week. What a great name for a society! The talks were excellent and I enjoyed meeting old friends as well as new colleagues in this regional society. PESTOLA received a small PES regional meeting grant to help support their meeting. If you are planning a regional meeting, please remember that the Board has designated funds to help with some of the expenses. For more information click here.

Looking forward to seeing you in Toronto!

PES DUES

Please Click here to renew your PES dues! If you have not renewed your dues by February 28, 2018 your benefits will be suspended.

Click here to see membership benefits.

ACTIVITIES AT PAS OF INTEREST TO PES MEMBERS:

PES Committee meetings
Friday, May 4, 2018 from 11:00 AM - 2:00 PM at the Westin Harbour Hotel. Please plan your travels accordingly.

SIG meetings Friday, May 4th from 4:30pm-6:30pm

Special Interest Group: Hotel: Room:
PES Obesity SIG Westin Pier 2
PES Ethics SIG Intercontinental Ballroom A
PES Turner Syndrome SIG Westin Pier 9
PES Transgender Health SIG Intercontinental Ballroom B
PES Bone and Mineral SIG Westin Pier 4
PES Fellows: Mark your calendars!

Apply Now for a PES Travel Awards to attend the annual meeting!

Note—you must be a fellow member to apply. 
Click here to apply
Deadline: March 15, 2018

NOTE: an emailed invitation will be sent for the events below so that you can RSVP.

Friday, May 4, 2018
- PES Fellows meet and greet, 6:00pm – 7:00pm (Westin Hotel)

Saturday, May 5, 2018
- PES Mentor/Mentee workshop, 10:30am – noon (Convention Centre)

Sunday, May 6, 2018
- PES Fellows meeting and lunch, 11:00am – 1:00pm (Westin)

Clinical Update and Case Discussion Course – Register Now!
PES has partnered with the Canadian Pediatric Endocrine Group to bring you the one day 2018 Clinical Update and Case Discussion Course on Friday, May 4, 2018 (7 AM-4:30 PM), the day before the main PAS/PES meeting starts, at the Westin Harbour Castle Hotel in Toronto.

This course will be an excellent clinical practice complement to the research science presented at the main meeting. The day will include key sessions on clinical areas of great relevance to endocrine practice, and frequently requested hot topics. Click here to view the full schedule.

We hope you will be able to attend! Click here to register

PES MOC sessions

Saturday, May 5, 5-7:30 pm, (Westin Hotel – Room Pier 5)
PES MOC Part 2 Session

Sunday, May 6, 3:30-5:30 pm (Fairmont Hotel – Algonquin Room)
PES/APA Co-sponsored session “Quality Improvement in Endocrinology”

Call for Abstracts- PES Obesity SIG
PES Obesity SIG 2018 Call for Abstracts is OPEN.

PES is excited to announce the call for Obesity abstracts to be presented at the 1st Annual PES Obesity SIG meeting in Toronto, Canada on Friday, May 4th 4:30PM-6:30PM. We invite you to submit abstracts related to obesity to be considered for an oral poster session. Abstracts may have up to 2600 characters (includes spaces and title). This does not include author’s name, institution and upload of tables and images (abstract format is the same as the PAS main meeting). Abstracts previously submitted to PAS for the January 3, 2018 deadline may be resubmitted to the SIG meeting. Chosen abstracts will be limited to those not selected for oral presentation at the main meeting. Late breaking abstracts should be submitted to both the SIG and the main PES program to be considered for presentation at the SIG meeting. The deadline for submissions is Monday March 19th 2018 at 11:59 Eastern Time.

Abstracts should be emailed to stephanie.chung@nih.gov and amy.fleischman@childrens.harvard.edu
Notification of abstracts will be sent by March 30th 2018.

OTHER PES NEWS

Call for new committee members!

Not already on a committee? Interested?

Please click here to view a full list of committees with their descriptions.

Please click here to sign up for a committee.

Deadline: March 5, 2018

PES Visiting Fellowship Program in October 2018 at Cincinnati Children's Hospital Medical Center (CCHMC) - APPLY NOW!

Deadline: June 29, 2018

PES will sponsor four 3rd year fellows to attend a 2-week intensive, educational program at the Cincinnati Children’s Hospital Medical Center (CCHMC) from October 15-26, 2018.

Click here for more information.

República Dominicana

PES congratulates the new Dominican Society of Pediatric Endocrinology. The Society is currently 22 pediatric endocrinologist members strong and based out of the national Pediatric Endocrinology Program at the Children’s Hospital of Santo Domingo, Dominican Republic.

They have a facebook page “sodeprd” and their email is sodep.rd@gmail.com

Our strategic plan codifies our commitment to establishing and reaffirming relationships with societies of mutual interest. PES looks forward to identifying ways our societies can collaborate.

2018/2019 Picker Gold Challenge Grants for Residency Training Program

The Arnold P. Gold Foundation is pleased to announce the launch of the 2018/2019 Picker Gold Challenge Grants for Residency Training Programs. Since 2008, the Arnold P. Gold Foundation and The Picker Institute have partnered on this program to support the research and development of successful patient-centered care initiatives and best practices in the education of our country’s future practicing physicians. Please consider this opportunity to introduce residents early to the field of Pediatric Endocrinology!

Faculty from ACGME or equivalent Canadian accredited programs are eligible to apply. Applicants can download and review the application instructions on their website.

Deadline: March 30, 2018

If you have any questions about this program contact Ian Finisterre, Assistant Director of Programs at ian@gold-foundation.org.

Turner Syndrome Foundation is pleased to announce as part of its PATIENT INSIGHT NETWORK (PIN):

Turner Syndrome Research Exchange (TSRX)

The Turner Syndrome Research Exchange is an exclusive global survey completed by patients designed to help researchers, patients and caregivers gain a deeper understanding of Turner Syndrome. The goal is improved diagnosis and medical care, as well as empowerment of patients and families through knowledge, connections, and support.

What is different from any other surveys? Patients will have full control of their de-identified data, choosing how they would like their information to be shared. Once a
patient joins, she is also able to explore the di-identified database for insights on her own health.

Stand together with TSRX to help the Turner Syndrome community. All patients and caregivers are encouraged to join!

Click here to learn more: https://turnersyndromefoundation.org/tsrx/

Dynamic Management of Diabetes in the Pediatric Populations – April 12, 2018
Joslin Diabetes Center and the Johnson & Johnson Diabetes Institute will present a complementary professional education program on April 12, 2018 in Raynham, MA. This unique opportunity allows you to receive a customized curriculum delivered in a participant-centered learning environment. Breakfast and lunch will be provided by JJDI. Travel and accommodations are the attendee’s responsibility. Below you will find information on the program experience and faculty.

If you are interested in attending this program, click here to email info@jjdi.us

Pediatric Endocrinology Papers of Interest
The publications committee reviews and provides links to papers of interest quarterly. One article will be from a recent volume of Hormone Research in Paediatrics (HRP). The other article is selected from an outside journal.

The two articles selected by the committee are listed below with links to the full article following the citation.


Ibáñez L1,2, Oberfield SE3,4, Aucius RF5, Chang RF6, Codner E7, Dabadghao P8, Darendeliler FD9, Elbarbary NS10, Gamberini A11, Garcia Rudaz C12, Hoeger KM13, López-Bermejo A14, Ong K15, Peña AS16, Reinehr T17, Santoro N18, Tena-Sempere M19, Tao R20, Yildiz BO21, Alkhayyat H22, Deeb A23, Joel D24, Horikawa R25, de Zegher F26, Lee PA26.

This paper represents an international collaboration of pediatric endocrine and other societies under the International Consortium of Pediatric Endocrinology (ICPE) with the aim of improving worldwide care of adolescent girls with polycystic ovarian syndrome (PCOS). The paper examines pathophysiology and guidelines for diagnosis and management of adolescent PCOS and reviews current perspectives on the complex interactions of genetics, epigenetics, environment, ovarian and neuroendocrine abnormalities, adiposity and insulin resistance. It is an excellent summary.
https://www.karger.com/Article/Pdf/479371


Newborn Screening in the US May Miss Mild Persistent Hypothyroidism.
Kilberg MJ1, Rasooly IR2, LaFranchi SH3, Bauer AJ4, Hawkes CP5.

This study summarizes the variation in approach to newborn screening for congenital hypothyroidism across the United States. It also highlights that many states do not lower the TSH thresholds used to identify children at risk for congenital hypothyroidism if the sample is received outside of the first two days of life. This is an important paper that may move us towards a standardized national approach to screening for congenital hypothyroidism.

A 17 month old African American boy living in Florida presented to primary care with a waddling gait and slow growth in length. Mother had received prenatal vitamins and a beta blocker for hypertension during the pregnancy. He was exclusively breast fed until 12 months with no vitamin supplementation, and didn’t like cow’s milk. He was eating table foods. Xray of hips suggested rickets. He was also anemic with Hb of 9.6 gm/dL. Mother began supplementing with iron as well as 400 IU vit D daily. He was seen in endocrine clinic 2 weeks later. Serum 25 vit D was 16.7 ng/mL, 1,25 vit D 453 ng/mL, PTH 69 pg/mL, alkaline phosphatase 951 U/L, calcium 10.5 mg/dL, phos 5 mg/dL. Vitamin D was increased to 2000 u daily. Three months later, alkaline phosphatase was 391 U/L, 25 Vit D 53 ng/dL, PTH 45 pg/mL. Vit D supplementation was decreased to 1000 U/d. The wrist xrays are from the first visit and after 10 months of therapy. In 2008 the AAP recommended that exclusively breastfed babies receive 400 IU Vit D daily.

(Thanks to Danielle Gomez, MD for the images.)

Click here to view the image of the month.

History Tidbit provided by Alan D. Rogol

Secretin: the defining moment for endocrinology

Claude Bernard coined the term “internal secretions” to describe the release of glucose from liver glycogen (Comptes Rendus 1853; 40:589). Starling and Bayliss investigated the innervation and movement of the small bowel, for Pavlov (The Physiology of Digestion, 1904) believed that exocrine pancreatic secretion was controlled by the vague nerve. They dissected the nerves supplying the pancreas and duodenum in dogs. Acid added to the duodenum led to pancreatic enzyme secretion. They mixed duodenal scrapings with acid and administered the supernatant iv to a dog. Within seconds pancreatic enzyme secretion occurred. Their conclusion: a precursor, “pro-secretin” released secretin with acid (J Physiol (1902; 28:325). They called it a ‘hormone’ – Gr. “I arouse to act”.

QI Corner

The PES MOC-QI Committee is excited to announce a number of updates. Please check out our QI/MOC tab on the PES website to see the full details!

Under the “MOC Resources” tab, you will find two examples of QI projects related to pediatric endocrinology that were previously approved for ABP MOC Part 4 credit. These are projects that could be replicated in other institutions. Contact information for the project leads is provided as well as related publications from these activities. Keep an eye on this space! We will be continuing to add new projects over time.

Under the “MOC/QI Events” tab, you will find information about our two events to be held during the PES annual meeting in Toronto. Mark your calendars now!

Saturday, May 5, 5-7:30 pm, (Westin Hotel – Room Pier 5)
PES MOC Part 2 Session

Sunday, May 6, 3:30-5:30 pm (Fairmont Hotel – Algonquin Room)
PES/APA Co-sponsored session “Quality Improvement in Endocrinology”

Finally, please help the PES MOC-QI Committee better serve the needs of the PES Membership by completing our brief needs assessment survey!

Follow this link: https://goo.gl/forms/pMQAVYGgGi6VM1w92

NEW Ethics Corner

On January 18 the Trump administration made the following announcement:

Today, the Trump administration announced it would be creating a “Division of Conscience and Religious Freedom” at the Department of Health and Human Services. This new office will defend doctors, nurses, and other healthcare workers who discriminate against patients based on their reproductive history and gender identity.
In Memoriam:


Daniel was a Pediatrician with Pediatric Specialties in Hackensack and Ramsey since 1995 and specialized in Pediatric Endocrinology. He dedicated himself to the field of pediatric medicine and was loved and respected by his patients and colleagues and was a member of AAP, the Endocrine Society and the US Pediatric Endocrine Society.


The funeral was Jan 28th, 2018 in Fair Lawn, NJ. In lieu of flowers, donations in memory of Daniel to Multiple Myeloma Research Foundation, 383 Main Avenue, 5th Floor, Norwalk, CT 06851, www.themmrf.org or Relay for Life would be appreciated.

Sincerely,

Mary Min-Chin Lee, MD  
PES President

Dorothy Shulman, MD  
PES Board Member