Greetings!

It’s hard to believe that our **FIRST INDEPENDENT PES SCIENTIFIC MEETING** is just 6 months away! I’m truly excited to share with you that we have had a fabulously positive response to the exhibit and sponsorship prospectus that was sent to our Mission Alliance Partners (MAP) and other interested parties earlier this month. Over 80% of the exhibit space for the meeting has been sold and we have garnered an impressive amount of support in the way of sponsorships and satellite symposia. You may recall that a high level of enthusiasm on the part of our MAP for a stand-alone meeting was one of the key factors that influenced the PES Board to vote unanimously to take this leap of faith back in April. It is quite heartening to see how invested our corporate partners are in participating and having a presence at our inaugural solo meeting!

The Program Committee has been hard at work behind the scenes putting the ultimate touches on the Meeting Schedule which should be finalized soon. We have no doubt that you will be gratified by the range of offerings and their broad appeal to clinicians, researchers and academicians alike! By now you are all aware that the Abstract Portal is open and that the deadline for submissions is December 10th. We anticipate a large number of abstract submissions and look forward to honoring the highest ranked among them during April 24th-27th in Fort Worth!

As you know, it is election and nomination season at PES. Please exercise your membership right to vote for our incoming President-Elect, Director and Treasurer, and consider nominating one or more outstanding candidates for the 2020 Blizzard Lectureship and Van Wyk Award.

And NOW.....we need your help! Many of you will recall the PEDSendo Discovery Program that was rolled out for the first time at last year’s meeting in Baltimore. Through this initiative we sponsored 4 medical students (going into pediatrics but as yet otherwise uncommitted) to come to our meeting and learn about Pediatric Endocrinology as a potential future career. The program, which was organized and implemented by the Education Committee, was an outstanding success and has been expanded to allow for 6 medical students to attend the PES meeting next year! So please take a moment and think about whether there are medical students that you have interacted with who exhibited that “special spark” and would be good candidates for this opportunity. An eblast with specifics regarding the nomination process will be coming soon. THANK YOU!
Abstract Submission Portal is OPEN! Abstract Deadline: December 10, 2019 at 5:00PM Eastern

We are delighted that the inaugural stand-alone annual meeting of the PES meeting will take place April 24-27, 2020 at the Worthington, Renaissance Hotel in charming downtown Fort Worth, TX! Yippie yi yo kayah, pardners!

Help us shape the program content and elevate the scientific rigor of this monumental event. The PES 2020 Annual Meeting abstract platform is now open and welcomes your contributions!

We invite each of you to submit your work for inclusion in our meeting, and to join us in networking with your peers and experts.

Please click on PES 2020 Abstract Submissions where you will find helpful Instructions/Rules on how to plan and prepare your abstract, and how to complete the easy on-line submission process. For more information about the 2020 PES Annual Meeting, please click here.

Fun Facts about Fort Worth:
Famous people from Fort Worth include Kelly Clarkson, Leighton Meester, Olivia Olivarez, Kirstin Maldonado, Kirk Franklin, Larry Hagman, Bug Hall, Bill Paxton and Brandon Finnegan!

The Stockyards National Historic District features Fort Worth's western heritage, including daily cattle drives, year-round rodeo and the world's largest honky-tonk. In case you don’t know what that is, Wikipedia states: A honky-tonk (also called honkatonk, honkey-tonk, or tonk) is both a bar that provides country music for the entertainment of its patrons and the style of music played in such establishments. Bars of this kind are common in the South and Southwest United States.

MAP Spotlight-Alexion
Hypophosphatasia (HPP) is a rare and potentially life-threatening disorder caused by reduced activity of the tissue non-specific alkaline phosphatase enzyme - encoded by the ALPL gene and leading to hypomineralization of bone.¹ Clinical manifestations of HPP are variable, but children with HPP often present with poor weight gain, missed or delayed milestones, premature tooth loss, short stature, waddling gait, slowly-healing or recurrent fractures, and muscle weakness, among other symptoms.¹,² HPP is often misdiagnosed, as many of the symptoms overlap with more common diseases such as vitamin D deficient rickets.² However, when clinical signs and symptoms suggest a possible diagnosis of HPP, routine analysis of serum alkaline phosphatase activity provides an easy screen for the disorder.² Because normal alkaline phosphatase activity varies throughout a patient’s life, physicians must remember to use age- and sex-adjusted reference ranges to ensure an accurate interpretation of serum alkaline phosphatase levels.³ The CALIPER study has published readily accessible information for over 100 laboratory reference ranges in pediatric patients based on an extensive survey of almost 10,000 healthy children.⁴
Clinically significant reductions in serum alkaline phosphatase activity are associated with increased serum levels of vitamin B6. 
http://www.sickkids.ca/caliperproject/

When signs and symptoms of hypomineralized bone are observed in pediatric patients, it’s important to consider a diagnosis of HPP and promptly evaluate alkaline phosphatase levels according to age- and sex-adjusted ranges. When you see low ALP, think HPP.

References


Alexion is part of the PES Mission Alliance Partnership. This announcement was prepared in compliance with PES guidelines to ensure objective educational content.

History Tidbit

Polycystic Ovary Syndrome (Stein-Leventhal Syndrome)

Polycystic ovary syndrome (PCOS) is a heterogeneous disorder with variable diagnostic criteria as proposed by several professional societies. PCOS was first reported in 1935 by Stein and Leventhal “Amenorrhea associated with bilateral polycystic ovaries” (Am J Obstet Gynecol 1935; 29:181-91). They described 7 women with secondary amenorrhea, infertility, excess hair growth and/or pelvic pain. The authors presented the results of radiographic studies utilizing transabdominal pneumoperitoneum combined with transcervical instillation of lipiodol (contrast). The women had enlarged, cystic ovaries and were treated by ovarian wedge resection. Five of the women conceived afterwards (Am J Obstet Gynecol 1939; 38:465-80). The first combined oral contraceptive pill (OCP), Enovidmestranol/norethynodrel) gained FDA approval in 1957 (Am J of Obstet Gynecol 1958; 75:1333-1346). OCPs are now one of several treatment options for PCOS.

Evan Graber, DO

Coming in November: The GHD knowledge center!

We are delighted to announce that a pediatric Growth Hormone Deficiency (GHD) medical education series will launching on our website in November! Materials will be freely available for all members of PES and the wider community for ‘on-demand’ learning.

For a short introductory video to this series by Dr Adda Grimberg (Children’s Hospital of Philadelphia, PA, USA), please click HERE.

Invitation from the PES Diabetes SIG- please find the following opportunity to contribute

Pediatric Diabetes published by Wiley, is a peer-reviewed, PubMed indexed (2018 impact factor 3.5) bi-monthly journal devoted to disseminating new knowledge relating...
to the epidemiology, etiology, pathogenesis, management, complications and prevention of diabetes in childhood and adolescence. The journal is announcing a special issue entitled, Pediatric Diabetes in South Asia. On behalf of Dr. Philip Zeitler (EiC), Dr. Kriti Joshi (Associate Editor) and Dr. Vijayalakshmi Bhatia (Guest editor), we would like to invite you to contribute to the special issue on ‘Pediatric Diabetes in South Asia’.

**Aim of the ‘Pediatric Diabetes in South Asia’ Issue:**
Countries in South Asia have among the highest rates of increase of both type 1 and type 2 diabetes in the world and pediatric diabetes in these countries has unique features of interest. This special issue will consist of commissioned overviews, reviews, commentaries, and original articles exploring the current state of pediatric diabetes and pediatric diabetes research in India, Sri Lanka, Pakistan, Bangladesh, Nepal, and Bhutan, including epidemiology, pathophysiology, treatment, complications and psychosocial aspects of diabetes. Manuscripts related to studies of South Asian residents in other countries are also welcomed.

Submission of manuscripts for this Special Issue is open to all prospective authors and all submitted manuscripts will be peer-reviewed through the regular journal review process. Manuscripts should be formatted according to the instructions for authors and submitted via the online submission system. When you are asked which special issue your manuscript is for, please select ‘yes’ and then ‘Pediatric Diabetes in India’. Please indicate clearly in the covering letter that you are submitting to the Special Issue on Pediatric Diabetes in South Asia.

For authors interested in having their work considered for this Special Issue, the deadline for submissions is January 01, 2020.

Authors are not required to send a pre-submission inquiry when submitting a manuscript for the Pediatric Diabetes in the Indian Subcontinent Special Issue. Please indicate in your cover letter that you would like the full manuscript to be considered for the special issue. If you would like to inquire about the suitability of a manuscript for consideration, please email: pedi@Wiley.com.

**Pediatric Endocrinology Reviews (PER)**
Reviews (PER) has become an affiliated journal of our society. Hormone Research in Paediatrics remains our official journal. PER is an international peer-review journal (with ~ 800 subscriptions from 19 countries) that publishes review articles on topics related to pediatric endocrinology, diabetes, metabolism, nutrition, and genetics. PER also publishes extensive Meeting Reports, including those of our annual meeting, along with reviews of recently published books in the field of endocrinology. There are generally four issues per year, along with periodic supplements [last two on Noonan Syndrome (editor, Robert Rapaport, MD) and the 50-year history of growth hormone (editor, Adda Grimberg, MD)]. We will provide links to the PER Table of Contents.

You can subscribe to current and future volumes at the discounted rate of $100 (USD) per year, while individual articles can be purchased for $39 each.

Click Here for the Table of Contents

Click [here](#) to subscribe

**PES Education Committee Webinar Series**
October Webinar:
**T1DM Management - Where We Are and Where Should We Be?**
A Big thank you to Dr. David Maahs.

You can access the recorded Webinar here (must be logged into members’ only)
https://www.pedsendo.org/members/members_only/edcomweb.cfm

NEXT Webinar:
**Demystifying MOC [Maintenance of Certification] in Pediatric Endocrinology**
Drs. Pat Vuguin, Justin Indyk, Erinn Rhodes, and Sarah Corathers
**November 18, 2019**
**4:00 PM EDT**

The objective of this webinar will be to familiarize PES Members with the ABP MOC requirements in order to complete and maintain Board Certification, and to provide resources for identifying and developing a QI project that has relevance to pediatric endocrinology and meets ABP MOC Part 4 criteria.

Maintenance of Certification (MOC) Part 4 projects are intended to help providers evaluate and improve processes of care that can lead to improvements in child health. There are several ways to earn MOC Part 4 credit, and this session will help providers understand how to track their progress through their MOC cycle and use the American Board of Pediatrics website to identify MOC Part 4 opportunities and get credit for their QI work. Basic QI principles will be reviewed to help members right-size their efforts and integrate quality improvement into their routine clinical work.

Specifically learn how to:
- Understand the Certification process cycle and track credit through the MOC Dashboard
- Navigate the ABP website to identify MOC Part 2 and Part 4 projects and complete/submit for credit points
- Identify existing local and national QI projects to serve as model improvement efforts
- Understand basic QI principles to be able to develop and improve QI projects

Click here to register:
https://register.gotowebinar.com/register/4873562601194985985
After registering, you will receive a confirmation email containing information about joining the webinar.

**Mentor/Mentee program REMINDER**

Mentor/Mentee Matching Time!
With the 2019-2020 academic year in full swing, do you have a clear vision of your future? Let us help! The PES Mentorship Program matches junior faculty and senior fellows with faculty across institutions, fostering the development of the next generation of pediatric endocrinology scholars! In November, the PES mentor and mentee applications will be released. New mentors and mentees are encouraged to sign up early! In addition, current mentors and mentees should also "reapply" to continue their match. All will be invited to attend the Mentorship Workshop session at the PES meeting on April 25th! Save the date!

**And the survey says...**
Did you fill out the last survey? If not, then watch for the next one coming soon! The
PES Research Affairs Committee solicits requests for surveys three times per year; survey deadlines are mid-January, May and September. The goal is to send out about six surveys per year to the membership. These surveys are on diverse topics related to clinical decision-making, challenges to physician scientists, education in diabetes technology, and much more! Surveys are submitted by faculty and fellows and are important data for manuscripts and fellowship projects. They need the response of every member! Watch for the next survey and share your thoughts! For survey results, check out the following link: [https://www.pedsendo.org/members/members_only/surveyres19.cfm](https://www.pedsendo.org/members/members_only/surveyres19.cfm).

**Robert M. Blizzard, MD Lectureship: Call for nominations**

The Robert M. Blizzard, MD lectureship was established to honor the contributions and career of Dr. Blizzard to the Pediatric Endocrine Society (PES), the pediatric endocrine community at large, and especially to the children of the world with disorders of the endocrine system. The Lecturer, who need not be a member of the PES, is chosen yearly to deliver a plenary lecture at the Annual Meeting of the PES on a topic within the broad area of pediatric endocrinology including diabetes mellitus. Most addresses intersect with the subjects of Dr. Blizzard’s all-encompassing career in basic and clinical research and/or in the clinical care of children with disorders of the endocrine system. The Lectureship was established by the Board of Directors of the Genentech Foundation to which the PES expresses its appreciation.

The Lecturer will be selected each year by the PES Awards and Honors Committee based upon nominations submitted by the PES membership taking into consideration the contributions to (pediatric) endocrinology including research and scholarship, teaching, and practice of (pediatric) endocrinology made by the nominated individual. This Committee will consider all initial nominations and may request further information to support an individual candidate when considering the final group of potential lecturers.

**Nominations for 2020 are now being accepted!**

**Deadline: November 15, 2019 (11:59pm EDT)**

Nominations should consist of a nominating letter (not to exceed 1500 words), the nominee’s current CV (to include current address, phone number, email address and publications) and an additional letter seconding the nomination (not to exceed 1000 words). When submitting a nomination, please include the following *(in word document or pdf)*:

- Lecture Topic
- Name of Nominee
- Institutional Affiliation(s)
- Contributions (Research & Scholarship, Teaching, Practice of Pediatric Endocrinology)
- Nominee’s CV
- Address
- Email
- Phone

Please send nominations and supporting materials by e-mail to the PES National Office ([info@pedsendo.org](mailto:info@pedsendo.org)) with subject titled: **Blizzard Lectureship Nomination**. All nominations will be forwarded to the Awards and Honors Committee for deliberation and selection. All submitted nominations should include an additional letter seconding the nomination.
Judson J. Van Wyk Prize: Call for nominations!
The Pediatric Endocrine Society's most prestigious award is given annually to a PES member in recognition of outstanding career achievement. The Prize was established in honor of Judson J. Van Wyk, MD, in tribute to an outstanding leader whose career is marked by scientific excellence, leadership, and dedication to the health of children. Selection is based on a nominee’s aggregate successes in clinical or basic research, support of fellowship or general pediatric endocrine education, and overall involvement in the achievement of the goals of PES, and whose career achievements in pediatric endocrinology have the respect and admiration of his/her colleagues and most closely emulates those of Dr Van Wyk.

Nominations are open Now! Deadline November 15, 2019

Nominations should consist of a nominating letter emphasizing the candidate’s outstanding accomplishments in Pediatric Endocrinology (not to exceed 1500 words), the nominee’s current CV (to include current address, phone number, email address and publications) and an additional letter seconding the nomination (not to exceed 1000 words). Please send nominations and supporting materials by e-mail to the PES National Office (info@pedsendo.org) with subject titled: Van Wyk Nomination. *no self-nominations please.

PES Leadership Advantage

We are happy to announce that Early Bird Registration for the 2020 PES Leadership Advantage Workshop - INFLUENCE - is now available! Please note, this program is available to PES members only. If you would like to receive PES membership, you can do so by registering here: https://www.pedsendo.org/members/new_members/

PES Leadership Advantage provides physician leaders with the core skills key to becoming impactful voices at the leadership table. Offered in a blended learning setting centered around a live workshop, a learning module is offered annually as a pre-conference benefit to PES members. PES Leadership Advantage enhances three overarching areas of high performance: Leadership Fundamentals, Leading & Influencing Others, and Navigating & Guiding Your Enterprise. Four separate modules: Influence, Engage, Inspire and Envision comprise the program. The Influence Module (previously referred to as Module 1) was first offered in 2016 and will again be offered at the April 2020 Conference in Fort Worth.

The Influence module will explore:

- Understanding Yourself as a Leader: Operating with Emotional Intelligence
- Managing Your Time & Delegating Effectively
- Delivering Powerful Feedback & Managing through Conflict

The modules, tailored specifically to physician leaders in pediatric endocrinology, consist of: 1) pre-work to set a foundation in proven leadership concepts and models, 2) a live workshop to explore and practice applying these skills in the real-world setting, and 3) a live, post-workshop webinar to assure the new techniques are becoming a real part of the leader’s toolkit.

Physician Leaders who complete all four modules will achieve a Certificate in Leadership from the Pediatric Endocrine Society & The Malone Group. Keep in mind,
the modules are non-sequential, so they may be completed in any order! The workshop will take place on **Thursday, April 23rd**.

If you are a **continuing participant**, you can register here:  

If you are a **new participant**, please register here:  

If you would like to hear more about **PES Leadership Advantage**, or if you are uncertain whether you’ve already completed the Influence Module, please contact Sharon Malone at smalone@themalonegrp.com or Lisa Milano at lisa@themalonegrp.com.

**PESTOLA annual meeting:**
The organizing committee of Arkansas Children’s Endocrine Division invites you to the annual 2020 PESTOLA education meeting. **February 7-9, 2020**. Little Rock, AR. Click here for more information [http://pestola.org/](http://pestola.org/)

Sincerely,

Erica Eugster, MD
PES President

Michael Levine, MD
PES Board Member

---

**Pediatric Endocrine Society**
6728 Old McLean Village Drive, McLean VA, 22101
Telephone: 703-556-9222 ~ Email: info@pedsendo.org
www.pedsendo.org